

Cheryl Donegan finds the ordinary things around us to be a source for creativity.

What everyday objects inspire you? Create a list.

Choose one item on the list, look closely and draw or describe it below.

Cheryl Donegan finds inspiration in other people—musicians, designers, artists, architects, etc.

Who inspires you? Create a list.

Create a drawing that features them or pays homage to what you appreciate about them.