

Below is our instructional guide for hosting our Drop-In Experience activity at home.

Materials

- A quiet place outside/inside your home
- Drawing utensils (pen, pencil, crayon, marker)
- Paper for collaging (magazines, scrap paper, photos)
- Adhesive (craft glue, tape, glue sticks)
- Scissors

Instructions

1. Discover

Find a quiet place inside or outside your home where you can comfortably create. Lay out your materials. Next, think about a person or community you want to say 'thank you' to or feel grateful for during this time. Think about what you want to share with them. You can write to a healthcare worker, your relative, a friend, your pet, a community member, or an entire community.

ART GUIDE

Community Connection

Slowed and Throved: Records of the City Through Mutated Lenses explores the late Houston legend DJ Screw and his impact on the Houston community and culture. Inspired by artists' need to creatively share their community pride, explore ways to connect with your friends and family through artmaking.

2. Sit with Gratitude

Sit and look through your paper. Look for small images or words that will uplift the person or community you are grateful for.

Images to consider could portray:

- Happiness
- Health
- Love
- Connection
- Strength

Cut out your images or words. Then, glue or tape these words and images along the border of your paper.

3. Write it Out

Notice the blank space you have left on your paper. Pick your favorite drawing utensil, then write your note in the blank space. As you write, imagine these words embracing the person or community you are writing to.

4. Send your Note

Take a picture of your note and share it with the person or community you wrote it for via text, email or platform of your choice.

5. Share with our Community

Share your note with CAMH. And don't forget to TAG US! #MuseumAtHome #ConnectWithCAMH